



PRICE SHEET

Last Modified: May 2023

Grass-fed. Grass-finished.

STEAKS

Filet - \$28.00 / lb.
Ribeye - \$18.50 / lb.
T-Bone - \$17.00 / lb.
Porterhouse - \$19.25 / lb.
NY Strip - \$15.25 / lb.
Sirloin - \$10.75 / lb.
Flank - \$11.00 / lb.
Skirt - \$11.00 / lb.
Hanger - \$11.50 / lb.
Cube - \$9.00 / lb.
Flat Iron - \$12.25 / lb.

ROASTS

Tri-Tip - \$15.00 / lb.
Shoulder - \$10.00 / lb.
Shank - \$8.00 / lb.
Chuck - \$11.50 / lb.

RIBS

Short Ribs - \$10.00 / lb.

GROUND BEEF

1 lb. Loose - \$7.50
4 oz. Patties - \$10.00 / lb.
2 oz. Sliders - \$10.00 / lb.

BONES

Oxtails - \$10.50 / lb.
Marrow - \$3.75 / lb.
Knuckle - \$3.50 / lb.
Neck Bones - \$3.50 / lb.

ORGAN MEAT

Liver - \$3.75 / lb.
Heart - \$3.75 / lb.
Tongue - \$9.00 / lb.
Kidney - \$3.50 / lb.

OTHER

Brisket - \$11.00 / lb.
Stew/Kabob - \$9.00 / lb.
Beef Sausage - \$10.00 / lb.
Tallow - \$4.25 / lb.

SPECIAL ORDER

Prime Rib - \$18.50 / lb.
Rib Roast - \$18.50 / lb.
Tenderloin - \$28.00 / lb.
Mock Tender - \$15.00 / lb.
Rump Roast - \$11.00 / lb.
Tom-A-Hawk - \$19.00 / lb.
Back Ribs - \$9.50 / lb.
Sirloin Roast - \$14.50 / lb.
Cheek Meat - \$12.75 / lb.
Chuck Steak - \$11.50 / lb.
Chuck Eye - \$11.00 / lb.
Filet Kabob - \$16.00 / lb.

ALSO AVAILABLE:

Pricing on Whole Cow, Half Cow, and Family Pack Options



- ✓ Hormone Free
- ✓ Steroid Free
- ✓ Antibiotic Free

Rocking Chair Ranch Cattle is located in Forsyth, Georgia just north of Macon. Our grass-fed, grass-finished cattle are free of growth hormones, steroids and antibiotics providing you with a healthier alternative to conventionally raised commercial beef. It is our goal to provide you with consistent quality and flavor and as an Animal Welfare Approved farm, we are committed to the welfare and health of our animals.

WHY IS GRASS-FED BEEF BETTER?

Lower In:

- ✓ Fat and Calories
- ✓ Saturated Fats Linked with Heart Disease

Higher In:

- ✓ Heart Healthy Omega-3s
- ✓ Vitamins & Antioxidants
- ✓ Conjugated Linoleic Acid (CLA)

